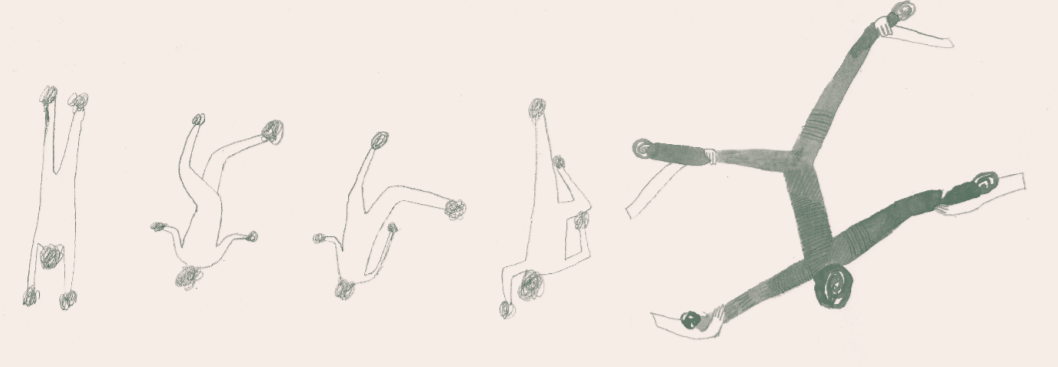
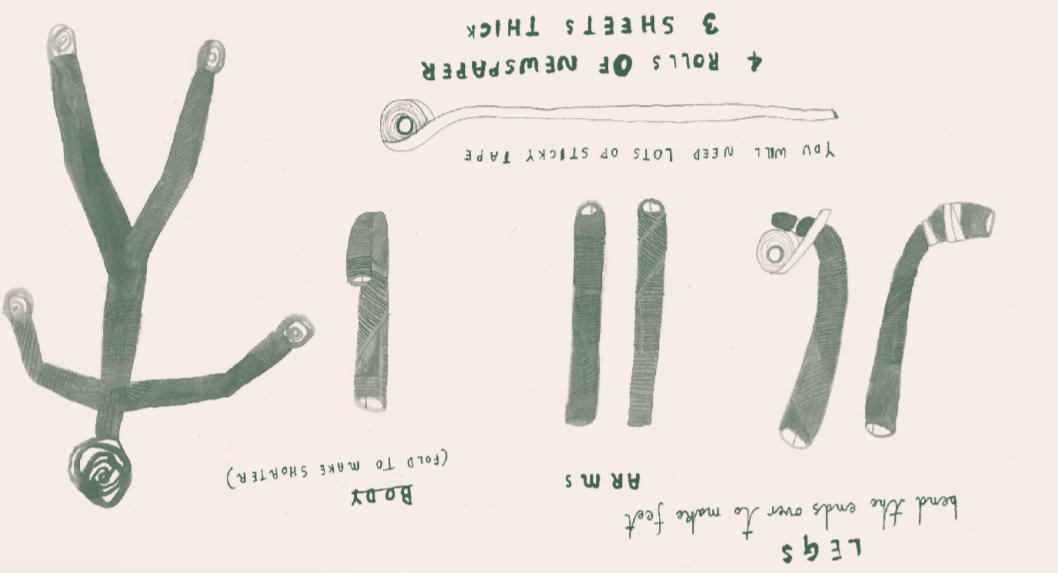


It will take 2 people to co-ordinate the ARMS, LEGS and HEAD of the new BENDY FRIEND make, sit down, jump around and fly!



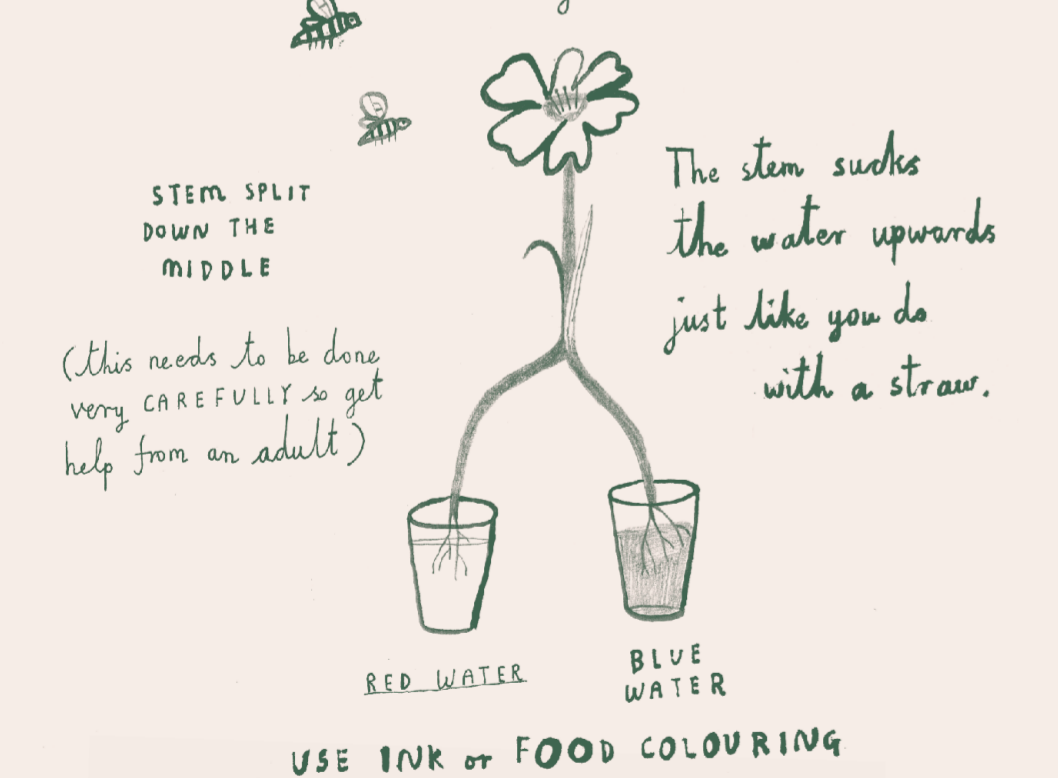
Bunch up some paper to make the HEAD and HANDS. Add extra paper to give the body more shape.



Make your own BENDY FRIEND!

## flower power

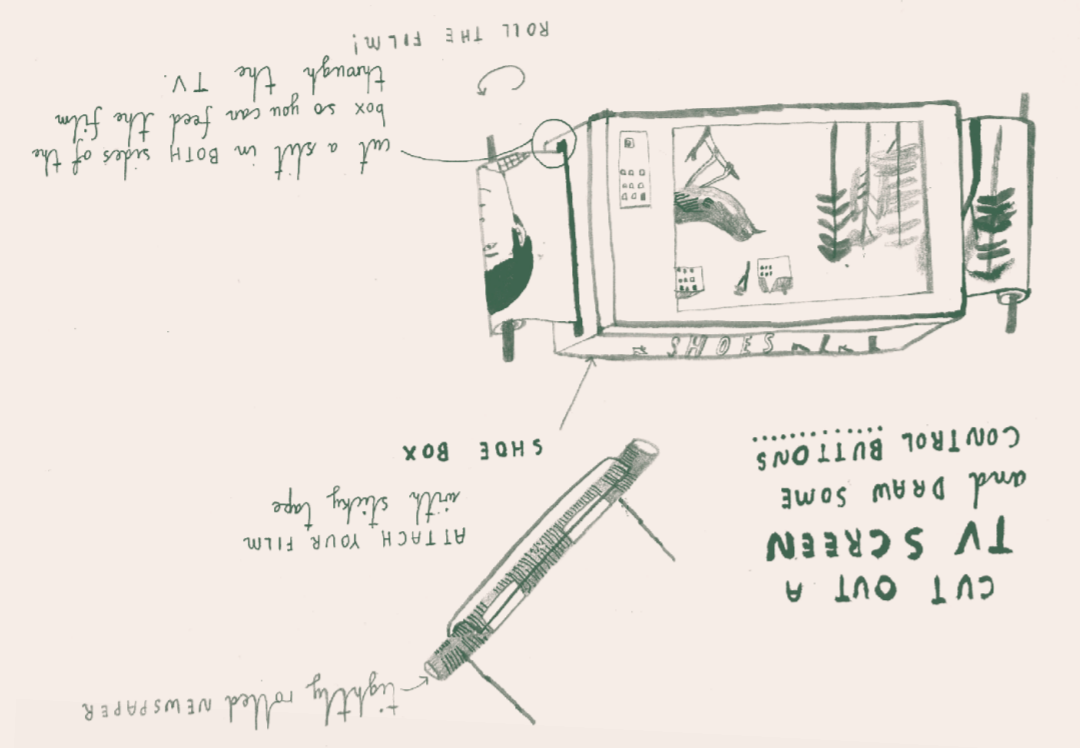
JUST WAIT... EVEN IN A FEW HOURS THE FLOWER WILL TURN RED and BLUE!



**IMPORTANT!** Adult supervision is recommended for some of the activities in this pack.  
 Contact Details:  
 VINCENT DANCE THEATRE  
 Workstation 15 Paternoster Row Sheffield S1 2BX  
 T: +44 (0)114 221 0369 E: admin@vincentdt.com  
 VINCENT DANCE THEATRE is a Registered Charity No. 1091615

DID YOU KNOW... THE FIRST TELEVISION WAS INVENTED BY USING A PIECE OF JUNK IN 1924, JOHN LOGIE BAIRD USED GLUE, STRING, A HATBOX AND KNITTING NEEDLES TO MAKE THE FIRST JUNK BOX TV.

**DON'T FORGET...** FEED YOUR FILM THROUGH BOTH SLITS IN THE TV BEFORE ATTACHING THE OTHER END TO THE ROLLER.



PAINT, DRAW OR USE MAGAZINE CUT OUTS TO MAKE YOUR VERY OWN FILM STRIP OR EVEN MAKE A LIGHTSHOW IN THE DARK BY PUTTING A TORCH IN THE BACK AND MAKING THE PICTURES OUT OF SMALL HOLES JUST LIKE THE LIGHT BOX.

## junk box TV

## the hairy coconut

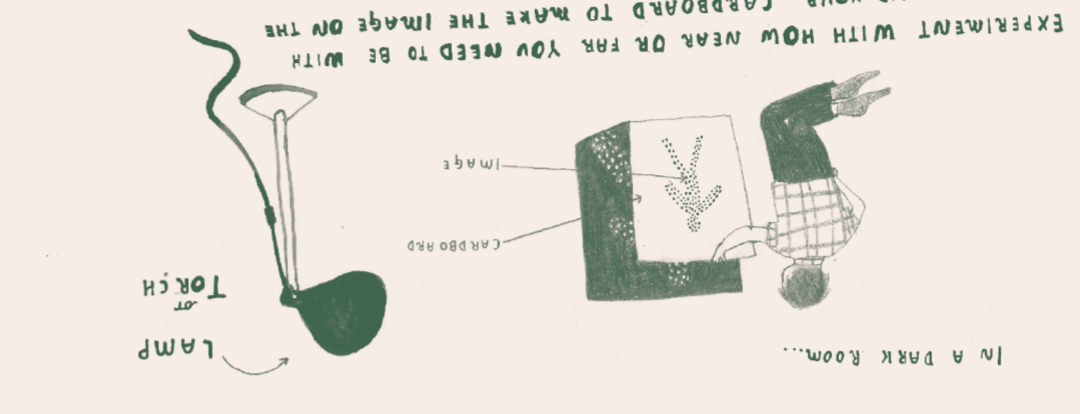
**IMPORTANT!** YOU WILL NEED AN ADULT TO SAW THE TOP OFF THE COCONUT SAFELY. THE SHELL IS VERY TOUGH BUT THE INSIDE IS REALLY TASTY AND HAS MILK IN IT! (PUT SOME OF THE WHITE COCONUT FLESH OUT FOR THE BIRDS - THEY LOVE IT)



THE SEEDS WILL GROW THEN...  
 give your HAIRY COCONUT his first hair cut - his hair will just get thicker AND thicker!



- or you could try hanging it from a curtain rail in a window!



USE CARDBOARD FROM A CARDBOARD BOX - for safety. LOTS OF HOLES MADE WITH A PENCIL. another piece of cardboard underneath. outline of figure. CARDBOARD. LAMP. TORCH. IN A DARK ROOM...  
 CUT OUT A TV SCREEN and DRAW SOME CONTROL BUTTONS... ATTACH YOUR FILM with sticky tape. ROLL THE FILM! box so you can feed the film through the TV. cut a slit in BOTH sides of the box.

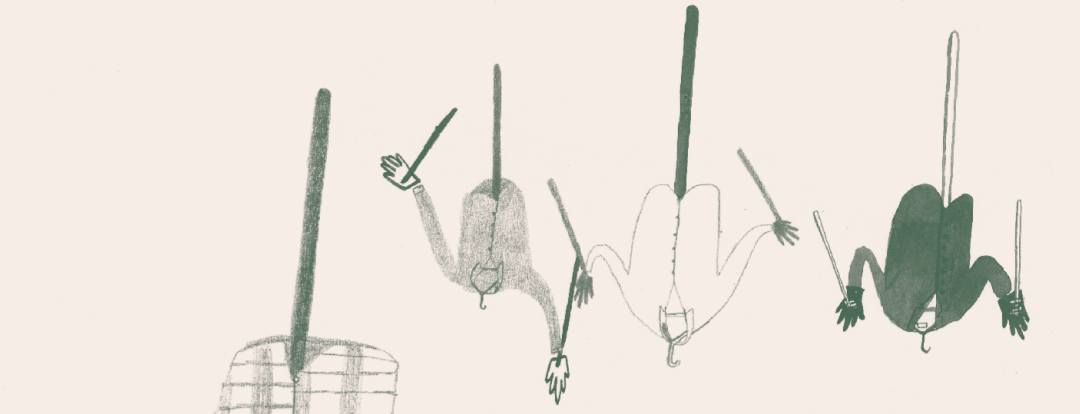
## light box

## EGG head

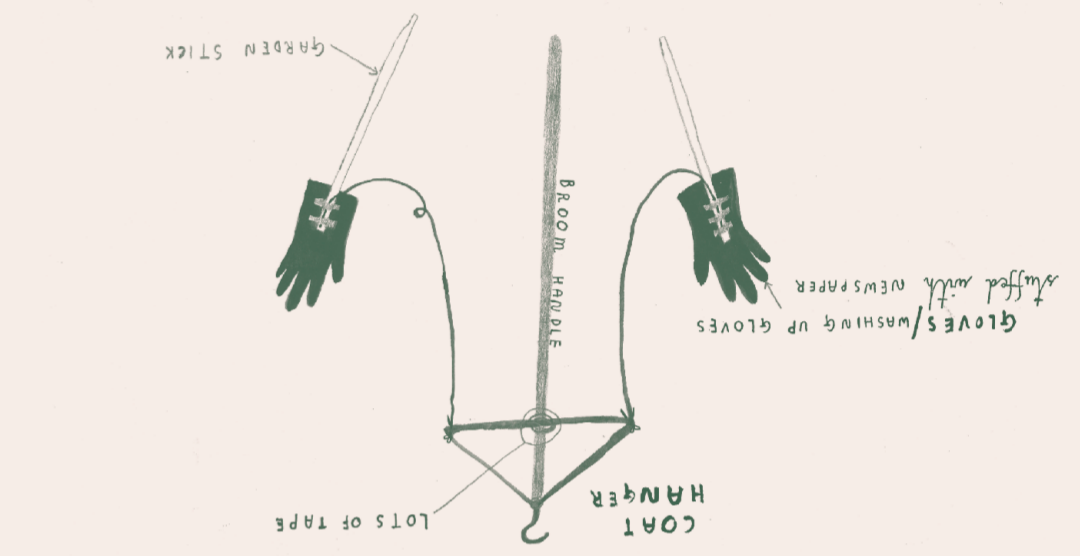
CRESS or MUSTARD SEEDS THIS TIME CUT THE TOP OFF A BOILED EGG, EAT IT, THEN USE THE EMPTY SHELL



COVER THE EGG HEAD WITH A PLASTIC BAG JUST LIKE THE HAIRY COCONUT. WHEN IT GROWS YOU CAN PUT THE CRESS IN YOUR SANDWICHES!



GET A FRIEND TO HELP MOVE THE Scary Shirt AROUND IN A SPOOKY WAY - LIKE IT'S FLOATING AROUND ON IT'S OWN.



## the SCARY SHIRT

# fairy tale

## VINCENT DANCE THEATRE

### ACTIVITY PACK

Now that you have seen us get up to all sorts of antics in our secret hideaway, here are some games and ideas for you to try at home. HAVE FUN!