

The Art of Recovery Symposium Outline Delegate Schedule

Time	Session Details	Space
09:30 – 10.00	Registration Refreshments Photo Consent / Permissions	Foyer/Café
10.00-10.30	<i>Welcome, Housekeeping, Wellbeing Space, Accessibility</i> Darren Carr, Vice Principal & Director of Higher Education at NSCD (5 mins) <i>Overview of Arts and Health to Creative Health: Where are we now?</i> Dr Angela Pickard, Director of Sydney De Haan Centre for Arts and Health (15 mins) <i>Overview of Dancer's Wellbeing and Trauma Informed Practice</i> Dr Helen Kindred, Director of Studies at NSCD, Ali Coleman, Head of Student Support and Wellbeing at NSCD and Georgia Cooper, Specialist Trauma and Attachment Psychotherapist and Well-being coordinator at NSCD. (10 mins)	Riley Theatre
10:30-10.40	<i>Creative Health Practice vs Production and Introduction to Art of Attachment</i> Dr Charlotte Vincent, Artistic Director / Chief Executive, Vincent Dance Theatre (10 mins)	Riley Theatre
10.40 – 11.20	Screening of Vincent Dance Theatre's Art of Attachment (39 mins)	Riley Theatre

	a work on film, made in collaboration with women in recovery from substance misuse	
11.20-11.25	Brief BREAK / walk to next sessions (5 mins)	Foyer/Café
11.25-11.55	<p>Facilitated Session 1 re Art of Attachment (30 mins)</p> <p>Group 1: Antonia Grove (VDT collaborator / performer) & Leah (non-professional performer in Art of Attachment) discuss working with lived experience from a performer-collaborator perspective, including opportunity for Q&A.</p> <p>Group 2: Charlotte Vincent (Artistic Director / Choreographer) discussing making Art of Attachment with professional and non-professionals, safeguarding within the creative process and her approach to socially engaged practice, including opportunity for Q&A.</p>	<p>Studio 2</p> <p>Riley Theatre</p>
11.55-12.10	REFRESHMENT BREAK (15 mins) and swap spaces	Studio 2 / Foyer
12.10-12.40	<p>Facilitated Session re Art of Attachment 2 (30 mins)</p> <p>Group 1: Antonia Grove (VDT collaborator / performer) & Leah (non-professional performer in Art of Attachment) discuss working with lived experience from a performer-collaborator perspective, including opportunity for Q&A.</p> <p>Group 2: Charlotte Vincent (Artistic Director / Choreographer) discussing making Art of Attachment with professional and non-professionals, safeguarding within the creative process and her approach to socially engaged practice, including opportunity for Q&A.</p>	<p>Studio 2</p> <p>Riley Theatre</p>

12.40 – 13.00	Practical Mindful Movement Session with Antonia Grove (20 mins)	Riley Theatre (and Studio 2 with CV and HK if needed)
13.00-14.00	LUNCH (included in Symposium ticket)	Café / Foyer Studio 2
14:00-15.30	3 x Knowledge Exchange Discussion Groups Facilitated by Dr Angela Pickard, Darren Carr and one tbc Groups to discuss and feedback on these questions: · <i>Where are we now with creative health practice and production in movement and dance?</i> (30 mins) · <i>Where do we want to be?</i> (30 mins) · <i>What do we need to create a sustainable creative health practice for movement and dance?</i> (30 mins)	Riley Theatre Studio 2 Studio 7 Refreshments available throughout
15.30-15.40	COMFORT BREAK (10 mins)	
15.40 - 16.20	<i>What do we want to action?</i> A Plenary Session facilitated by Charlotte Vincent - (40 mins)	Riley Theatre
16:20 – 16:30	Evaluation (10 mins)	Riley Theatre
17:00	Welbeing support and breakout spaces available until 17.00	