



Direction and design **Charlotte Vincent**
Devised and performed by **Aurora Lubos**
Lighting design **James Harrison**

'Exquisitely pitched performance ... harrowingly sustained focus. Small but beautiful.' **The Observer**

'I must express how impressed I was with Aurora Lubos. The piece was really challenging and I am still haunted by certain images. I was transported away from my own comfort zone and left with no happy ending, yet there were times when the dance movements were very beautiful.' **Audience feedback, Barcelona**

Look At Me Now, Mummy is a new solo by Aurora Lubos, caught in the spotlight with nowhere to hide. Aurora is a performer of rare beauty and precision; soft, fluid, witty and extremely endearing to audiences. Uniquely appreciated for her exquisite mix of vulnerability, humour and integrity, her performance style often appears improvised and deceptively simple, but in reality is meticulously crafted and always devastatingly affecting.

A showcase for Aurora's deliciously playful imagination and understated performance style, **Look At Me Now, Mummy** finds her older but no wiser, dressing up and dressing down to find the right look for a show she is already in. **Look At Me Now, Mummy** is an intimate and moving portrait of a woman lost in her over-zealous imagination. It's about trial and error, and theatrical failures, with a baby always crying somewhere in the distance.

Look At Me Now, Mummy is 39 minutes long. It is available individually or in a double bill with **Test Run**, a blistering 30-minute display of virtuosic dance performed by VDT's Janusz Orlik with a live violin soundtrack.

In 2008 **Look At Me Now, Mummy** was co-commissioned by Danceworks UK, The Point, Lakeside Arts Centre and The Tron, and funded by Arts Council England.

VINCENT DANCE THEATRE (VDT)

VDT's work is **accessible** to diverse audiences, aged 15+ and with differing experiences of dance. VDT has a **solid track record** of producing exceptional, provocative **dance theatre**, made by an **ensemble of unusual, committed and experienced performers**. The work has high production values and features **original music**. **European in outlook** and devised and performed by an international cast, VDT produces **dynamic work** at the **cutting edge of contemporary practice** in the UK.

VINCENT DANCE THEATRE participation work

VDT offers a range of educational packages which can be tailored to your requirements and are led by Artistic Director Charlotte Vincent and experienced company members. Models available include professional development residencies, performance orientated and choreographic workshops, open rehearsals and company classes (primarily for dance or performing arts students), community participation projects (designed in collaboration with the company), special needs and disability projects, lecture demonstrations.

LOOK AT ME NOW MUMMY booking details and technical requirements

Suitable for small to middle scale venues, festivals and mixed programmes.

Age recommendation 15+

Performance area 10 m wide by 8 m deep (min. space 6m x 6m)

Running time 39 minutes

Touring Company 1 performer, 2 technicians and Artistic Director

Get-in/out Day before/on the day get-in with pre-rig; out 90 mins

Floor: Please note that the floor gets messy during the performance with water and salt. We can tour with our dancefloor to protect your floor.

Sound: A prop radio is operated from the wings by one of our technicians.

Naked flame: There is a brief moment of naked flame during the performance, the sound op in the wings will be on fire duty with an approved extinguisher.

LOOK AT ME NOW MUMMY has toured to venues including

The Place, London, UK

Crucible Studio, Sheffield, UK

Lakeside Arts Centre, Nottingham, UK

The Bluecoat, Liverpool, UK

The Junction, Cambridge, UK

Arnolfini, Bristol, UK

Tron Theatre, Glasgow, UK

Nuffield Theatre, Lancaster, UK

Wales Millennium Centre, Cardiff, UK

Barcelona Grec Festival, Spain

Vincent Dance Theatre's touring requirements are open to negotiation. For further information, to receive DVDs of productions or to discuss a booking please contact:

Tessa Howell, General Manager

+ 44 (0) 114 2210369, tessa@vincentdt.com

Vincent Dance Theatre, Workstation, 15 Paternoster Row, Sheffield S1 2BX

www.vincentdt.com